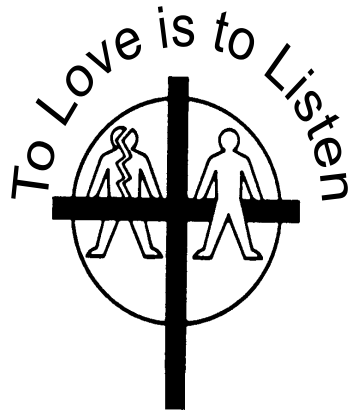


*Beloved, since God loved us so much,
we also ought to love one another.
No one has ever seen God; if we love one
another, God lives in us, and his
love is perfected in us.*

I John 4:11-12



Stephen Ministry

God Cares.....We Care

Our Stephen Ministry strives to make a significant contribution to the quantity and quality of pastoral care offered at Trinity Lutheran Church and in our community. Established at Trinity in 1988, the ministry operates under the guidance of our pastors and a team of Stephen leaders and is an important part of the pastoral care team.

***When you or someone you
know is in need of care...***

***Stephen
Ministry***



For more information, please
contact one of our pastors or a
Stephen Leader
(425) 778-2159

Trinity Lutheran Church
6215 196th Street SW
Lynnwood, WA 98036
(425) 778-2159

What is Stephen Ministry?

Stephen Ministry is grounded in Jesus' command to love one another. Through one-on-one confidential, caring relationships, those who are hurting receive the love and care they need to support them.

- ◆ *Is life more than you can handle alone right now?*
- ◆ *Are your health, your attitude, or your relationships suffering?*
- ◆ *Are you adjusting to a new job, a change in marital status, a serious illness, the death of a loved one, a recent move?*
- ◆ *Would you like to have someone in your life who really cares?*

Everyone goes through difficult times. Having someone to care, to listen, to share God's love with you, can help you get through the confusion, stress, or loneliness you may be experiencing.

Consider allowing a Stephen Minister to walk with you on your journey to wholeness.

How does the referral process work?

- ◆ *A person—either you, a relative, or a friend—is hurting and in need of Christian caring.*
- ◆ *The Stephen Ministry Referrals Coordinator learns about this need for care—from the pastor, the person, or a friend, always with the person's permission.*
- ◆ *The Referrals Coordinator meets with the person to talk about Stephen Ministry.*
- ◆ *With the person's permission, the Referrals Coordinator assigns a Stephen Minister to meet on a weekly basis with the person.*
- ◆ *The Stephen Minister continues to provide distinctively Christian care for the person with strict confidentiality.*

Stephen Ministers are called to be Caregivers

Bear one another's burdens, and in this way you will fulfill the law of Christ.

Galatians 6:2

Encourage the faint hearted, help the weak, be patient with all of them.

1 Thessalonians 5:14

God is the Caregiver

Cast your burden on the LORD, and he will sustain you.

Psalm 55:22

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.

Matthew 11:28

Who is a Stephen Minister?

A Stephen Minister is...

- ◆ A child of God who walks beside a hurting person
- ◆ A caring Christian friend who really listens
- ◆ A lay person who has received 50 hours of training in how to provide distinctively Christian care

A Stephen Minister is NOT

- ◆ A counselor or therapist
- ◆ A problem solver
- ◆ A casual visitor

Stephen Ministry helps meet the needs of individuals who are

- ◆ Lonely
- ◆ Disabled
- ◆ Hospitalized
- ◆ In job crisis
- ◆ Terminally ill
- ◆ New members of the church
- ◆ Homebound
- ◆ Bereaved
- ◆ In spiritual crisis
- ◆ In a difficult life transition
- ◆ In need of a caring, Christian friend