

## ***LIVING THROUGH THE SEASONS***

Our group is a LifeGroup of Trinity Lutheran Church/Pointe of Grace — a small group with big hopes of sharing friendship and faith with our neighbors.

We meet at Pointe of Grace at 5425 Harbour Pointe Blvd., Mukilteo, in the Fellowship Hall. We promise to have a cup of coffee waiting for you!

Currently we use the LifeGuide study material to help us guide our conversations through Scripture and our reflections of our life.

If you have any questions, please feel to contact our leaders.

### Format

10:00 am Social Time  
10:30 am Study Begins



For more information about Living Through the Seasons, please contact:

Carol Loges [caloges@comcast.net](mailto:caloges@comcast.net)

# ***Living Through the Seasons***

**Women gathering to support one another through our questions, hopes, frustrations, and seasons of life.**



**Wednesdays  
10 am - Noon**

**Pointe of Grace  
5425 Harbour Pointe Blvd.  
Mukilteo WA 98275**

---

# Exhaling

---

There are many seasons of life as well as seasons of each day, week, and year. This rhythm is expressed in Ecclesiastes 3:

*"For everything there is a season, and a time for every matter under heaven."*

In our busy lives, we often rush through the seasons with our "to do" list rather than savor them and the transitions between them.

On Wednesday mornings, women of all ages are invited to share a cup of coffee or tea, share God's inspiring Word, and share stories of our seasonal journeys — supporting one another along the way.

## ***COME AS YOU ARE***

Don't worry about extensive preparation since this group is not about adding one more thing to our "to do" list. Come as you are ... come when you can. During our time together, we will ...

- Share our frustrations, hope, and questions as we feel comfortable;
- Encourage one another without judgment and with authentic compassion;
- Explore Scripture through a guided yet simple study as a window through which we can explore a rich relationship with God;
- Imagine how we can share encouragement with our neighbors by responding to community needs and inviting others to join us;
- We're not biblical scholars but fellow learners willing to ask questions and explore the Bible and our relationship with God.



... a time to be born, and a time to die;  
a time to break down, and a time to build up;  
a time to weep, and a time to laugh;  
a time to mourn, and a time to dance;  
a time to seek, and a time to lose;  
a time to keep, and a time to throw away;  
a time to keep silence, and a time to speak;  
a time to love, and a time to hate.

(Ecclesiastes 3)

---

