

“COMMON THREADS”

A LifeGroup ministry of Trinity Lutheran Church, we are a community of caring and inviting people who share their God-given talent of knitting and crocheting with a prayerful ministry to reach out to people in need of comfort and solace.

Knitting of shawls started at Trinity in October 2005. Lois Toroni attended a workshop where she learned about prayer shawls and the ministry surrounding them. She immediately knew she wanted to knit a shawl for her niece, Linda, and one for Linda’s mother. Both Linda and her mother were in need of love and prayers and were overjoyed with the gifts.

Lois continued knitting shawls and recruited others to help her. This ministry has been a blessing. Since that time, shawls have been given to many people who were experiencing illness, loss, sorrow, and even joy. This ministry is a godsend to those involved as they find peace and relaxation in the creation of a gift made and given in love. The joy of a prayer shawl is to be able to wrap someone in prayer, to be comforted and held in God’s loving embrace and be safe and warm in God’s presence.

Our ministry has been expanded to include making scarves for the homeless, and caps, afghans and sweaters for babies at Harborview Hospital.

VISION STATEMENT:

To nurture and support family, friends and each other with a tangible gift, lovingly made in celebration of God’s love.

MISSION STATEMENT:

We are a community of caring people who wish to share their God-given talent of knitting with a prayerful ministry that reaches out to those in need of peace, comfort and solace.

MEETINGS

“Common Threads” meetings are held on the 1st and 3rd Tuesdays from 1 to 3 PM in Room 201 at Trinity Lutheran Church, Lynnwood, Washington.

For information, contact:

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GETTING STARTED

Hold the recipient of the shawl, known or unknown, in your thoughts and prayers as you choose your yarn and enter into a journey of knitting or crocheting with God at your side. You might want to light a candle as you begin your shawl and weave in prayers as you knit.

A SHAWL-MAKER’S PRAYER

Dear Lord,

Bless my hands as I knit or crochet today. May each twist of yarn guide me to create a pattern of love and comfort in my work and remind me of your loving protection. Wrap me in your spirit so that I will be more caring towards those in need. Grant me patience as I create this shawl. And bless my handiwork as it travels to bring comfort and peace to someone in need of your warming embrace. Amen



Supplies:

The yarn we are using is Lion Brand Homespun. It takes three skeins of 6 oz. each for the knitted shawl, and four skeins for the crocheted shawl.

To knit:

Use size 11 or 13 needles. Cast on 63 stitches. K3, P3 across, beginning every row with K3. Use all 3 skeins.

To crochet:

Use "N" or "9" hook, chain 59. DC in 3rd chain from hook. DC in each chain across (58) stitches. Chain 2, turn. Row 2 DC in first DC, DC across, chain 2, turn. Repeat Row 2 until shawl is about 60 inches.

Fringe:

If using fringe, before starting the last skein, save enough yarn for fringe. Cut a piece of cardboard 8 inches wide and 4 1/2 inches long. Wind yarn loosely around cardboard, cut across one end. Fold yarn and with crochet hook, draw folded end through stitch, put loose ends through folded section and draw up tightly. Tie a knot at each end of fringe to keep from fraying.



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Trinity Lutheran Church
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*Experts, beginners
(and everyone in between)
are welcome!*



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